-ed and -ing Adjectives Worksheet: Bored or Boring?

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NAME

DATE

Remember

Form	Example
-ed: how someone feels	I'm bored. She's interested in art.
-ing: what causes the feeling	The film is boring. Art is interesting.
Common pairs: tired / tiring, excited / exciting, worried / worrying	The trip was tiring. I was tired.
Pronunciation: -ed is /ɪd/ after t and d	interested, excited, frustrated

Typical mistakes

× Learners often say	✓ Say instead
I'm very interesting in history.	I'm very interested in history.
The class was bored.	The class was boring.
I'm exciting about the trip.	I'm excited about the trip.

1. Complete

Complete with the -ed or -ing form of the word in brackets.

1. The news was very _____ (shock).
2. I'm _____ (tire). I worked twelve hours today.
3. This exercise is _____ (confuse).
4. She was _____ (surprise) to see me.
5. The match was really _____ (excite).
6. Are you _____ (interest) in politics?
7. It was an _____ (embarrass) moment.
8. The children were _____ (bore) at the museum.

2. Choose

Circle the correct option.

1. I'm (boring / bored). Let's go out!
2. That was a (relaxing / relaxed) holiday.
3. She feels (worrying / worried) about her exam.
4. His jokes are really (amusing / amused).
5. We were (amazing / amazed) by the view.
6. The instructions are (confused / confusing).
7. I was (disappointed / disappointing) with the results.
8. Running a marathon is very (tired / tiring).

3. Correct the mistakes

Each sentence has one mistake. Write it correctly.

1. I am boring. Can we do something else?

2. The film was very interested.

3. She was very exciting about her birthday.

4. Flying makes me frightening.

5. That was a very tired journey.

6. I'm confusing. Can you explain again?

Writing

Write about a trip, concert or event you remember (6 sentences). Use at least three -ed and three -ing adjectives.

Speaking

- What is the most boring thing you have to do every week?
- When was the last time you felt really surprised?
- What kind of films do you find exciting?
- Is there anything you find confusing about English?

Answer key

1. Complete: 1 shocking · 2 tired · 3 confusing · 4 surprised · 5 exciting · 6 interested · 7 embarrassing · 8 bored

2. Choose: 1 bored · 2 relaxing · 3 worried · 4 amusing · 5 amazed · 6 confusing · 7 disappointed · 8 tiring

3. Correct the mistakes: 1 I am bored. · 2 The film was very interesting. · 3 She was very excited about her birthday. · 4 Flying makes me frightened. · 5 That was a very tiring journey. · 6 I'm confused.

Writing, model answer: Last year I went to a concert by my favourite band. I was so excited before it started. The music was amazing and the lights were incredible. The journey home was tiring and I was exhausted when I got to bed. The only disappointing thing was that it was very short. I'm still surprised by how good it was.