English Tenses Chart: All 12 Tenses with Examples

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Tense	Form	Main use	Example
Present simple	work / works	habits, facts, timetables	She works from home on Fridays.
Present continuous	am / is / are working	now, temporary situations, arrangements	She is working on a new project this month.
Present perfect	have / has worked	experience, unfinished time, present result	She has worked in three countries.
Present perfect continuous	have / has been working	activity up to now, with duration	She has been working since eight.
Past simple	worked	finished actions at a past time	She worked in Lisbon in 2019.
Past continuous	was / were working	action in progress at a past moment	She was working when I called.
Past perfect	had worked	the earlier of two past actions	She had worked there before she moved.
Past perfect continuous	had been working	activity before a past moment, with duration	She had been working for hours when it crashed.
Future simple	will work	predictions, decisions made now, promises	She will work on it tomorrow, I promise.
Future continuous	will be working	action in progress at a future moment	At ten she will be working with the client.
Future perfect	will have worked	completed before a future moment	By June she will have worked here for a year.
Future perfect continuous	will have been working	duration up to a future moment	By six she will have been working for ten hours.

Also for the future: be going to (plans, evidence: She is going to work abroad) and the present continuous (arrangements: She is working on Saturday).