Childhood and memories ESL lesson plan (B1)

B1 (intermediate) · 60 minutes · for English teachers · englishcue.app

Stage	Time
Warm-up	5–10 min
Vocabulary	15 min
Controlled practice	10 min
Speaking	15 min
Wrap-up and homework	5 min

1. Warm-up (5–10 min)

- What is your earliest memory?
- What did you use to do that you never do now?
- Tell me about a time you got into trouble.

2. Vocabulary (15 min)

Elicit each word before you give it, model the pronunciation, then check meaning with a quick question.

Word	Meaning	Example
bring someone up	to look after a child until they are an adult	My grandmother brought me up.
upbringing	the way your parents treat and educate you as a child	I had a strict upbringing.
look back	to think about something in the past	When I look back, I was very lucky.
remind	to make someone remember something	This song reminds me of my childhood.
nostalgia	a happy but sad feeling when you think about the past	Old photos fill me with nostalgia.
nostalgic	feeling happy and a little sad when you remember the past	I feel nostalgic at Christmas.
vivid	very clear and detailed	I have a vivid memory of my first day at school.
vague	not clear	I only have a vague memory of that house.
unforgettable	so special that you can't forget it	It was an unforgettable summer.
carefree	without problems or worries	Those were carefree days.

Speaking (15 min): Three objects from your childhood

The learner chooses three objects they remember from childhood and tells the story behind each one: what it was, where it was kept and what happened to it. You choose the one you want to hear more about.

Useful language

- When I was a child, I used to...
- I remember + -ing...
- I was allowed to... / I wasn't allowed to...
- We would spend hours...
- I'll never forget the day...
- It reminds me of...

Wrap-up and homework (5 min)

- Each learner says the three new words they will remember, and one sentence with each.
- Homework: write 80–120 words about childhood and memories using at least six words from the lesson.
- Self-study: the B1 childhood and memories vocabulary page on englishcue.app has a self-correcting quiz with all 22 words.

Childhood and memories (B1)

Student handout · Name: _____ · Date: _____

A. Word bank

got into trouble · recall · turning point · Adolescence · rebellious · role model · sibling rivalry · coming back to

B. Complete the sentences

Use a word from the word bank. Then compare with a partner.

1. I can't _____ his name.
2. Moving abroad was a _____ in my life.
3. There was a lot of _____ in our house.
4. My aunt was my _____.
5. It's all _____ me now.
6. I always _____ at school.
7. _____ can be a difficult time.
8. I was a _____ teenager.

C. Talk with a partner

Ask and answer. Make notes of one interesting answer to report to the class.

1. What were you afraid of as a child?
2. What did you and your friends do after school?
3. Which smell, song or food takes you straight back to childhood?
4. What rule did you think was unfair?
5. What is the best thing your parents did for you?

Write

Write 80–120 words about childhood and memories. Use six words from the lesson.

Answer key

B. Complete the sentences: 1 recall · 2 turning point · 3 sibling rivalry · 4 role model · 5 coming back to · 6 got into trouble · 7 Adolescence · 8 rebellious