Daily routines ESL lesson plan (A2)

A2 (elementary) · 60 minutes · for English teachers · englishcue.app

Stage	Time
Warm-up	5–10 min
Vocabulary	15 min
Controlled practice	10 min
Grammar focus	10 min
Speaking	15 min
Wrap-up and homework	5 min

1. Warm-up (5–10 min)

- What time do you get up?
- What do you have for breakfast?
- How do you go to work?

2. Vocabulary (15 min)

Elicit each word before you give it, model the pronunciation, then check meaning with a quick question.

Word	Meaning	Example
routine	the things you do regularly in the same order	My morning routine is very simple.
weekday	any day from Monday to Friday	I work on weekdays.
alarm clock	a clock that makes a noise to wake you up	My alarm clock rings at six.
oversleep	to sleep longer than you planned	If I oversleep, I miss the bus.
late	arriving after the right time	Sorry I'm late!
on time	at the right time, not late	The train was on time.
rush	to do something or go somewhere very quickly	I always rush in the morning.
chores	jobs you have to do regularly at home, like cleaning	I do my chores on Saturday.
do the laundry	to wash clothes	I do the laundry on Sundays.
do the shopping	to buy food and things for the home	Who does the shopping in your house?

Grammar focus (10 min): Present simple: do and does in questions and negatives

Kenji writes for a student magazine. He interviews Ada, a nurse: “Do you work at night?” “Yes, I do. I don’t work in the morning.” “Does your husband work at night too?” “No, he doesn’t.” By the end of this lesson you can ask about routines, give short answers and say what people don’t do.

Form	Pattern	Example
Negative	don’t / doesn’t + base form	She doesn’t work at night.
Question	Do / Does + subject + base form?	Does he live here?
Short answer	Yes, I do. · No, she doesn’t.	Yes, they do.
Wh- question	question word + do / does + subject + verb?	What time do you start?

Watch for: ~~She doesn’t works at night.~~ → **She doesn’t work at night.**. No -s after doesn’t.

Speaking (15 min): Guess whose day it is

The learner describes the daily routine of a job without naming it (I get up at four. I wear a white hat. I finish before lunch.). You guess after each sentence. Then swap, and finish with the learner’s own day.

Useful language

- I get up at… / I leave home at…
- first · then · after that · finally
- It takes me… to…
- always · usually · often · sometimes · hardly ever · never
- on weekdays · at the weekend · twice a week
- I’m always in a hurry.

Wrap-up and homework (5 min)

- Each learner says the three new words they will remember, and one sentence with each.
- Homework: write 80–120 words about daily routines using at least six words from the lesson and the grammar point.
- Self-study: the A2 daily routines vocabulary page on englishcue.app has a self-correcting quiz with all 22 words.

Daily routines (A2)

Student handout · Name: _____ · Date: _____

A. Word bank

has a nap · often · walk the dog · take out the trash · once · cooks dinner · twice · relax

B. Complete the sentences

Use a word from the word bank. Then compare with a partner.

1. My partner _____ on weekdays.
2. I _____ before work.
3. I go to the gym _____ a week.
4. I check my email _____ a day.
5. My grandpa _____ after lunch.
6. I _____ with a book.
7. I _____ cook at home.
8. Can you _____?

C. Talk with a partner

Ask and answer. Make notes of one interesting answer to report to the class.

1. What time do you have lunch?
2. What do you do after work?
3. When do you go to sleep on weekdays?
4. What do you do on Sundays?
5. Do you always do the same things every day?

Write

Write 80–120 words about daily routines. Use six words from the lesson.

Answer key

B. Complete the sentences: 1 cooks dinner · 2 walk the dog · 3 once · 4 twice · 5 has a nap · 6 relax · 7 often · 8 take out the trash