Food and drink ESL lesson plan (B2)

B2 (upper intermediate) · 60 minutes · for English teachers · englishcue.app

Stage	Time
Warm-up	5–10 min
Vocabulary	15 min
Controlled practice	10 min
Grammar focus	10 min
Speaking	15 min
Wrap-up and homework	5 min

1. Warm-up (5–10 min)

- Tell me about a meal you will never forget.
- Who is the best cook in your family? What do they make?
- Have you ever tried a food that you thought you would hate and then liked?

2. Vocabulary (15 min)

Elicit each word before you give it, model the pronunciation, then check meaning with a quick question.

Word	Meaning	Example
cuisine	a style of cooking from a country or region	Peruvian cuisine is world famous.
dish	food prepared in a particular way as part of a meal	Paella is a traditional Spanish dish.
rich	containing a lot of butter, cream or eggs	The sauce was too rich for me.
bitter	with a strong, sharp taste, like black coffee	Dark chocolate is slightly bitter.
savory	salty or spicy rather than sweet	I prefer savory snacks to sweet ones.
mouth-watering	looking or smelling so good that you want to eat it	The bakery had a mouth-watering window display.
overcooked	cooked for too long	The pasta was overcooked and soft.
processed food	food changed by industry, often with added chemicals	Doctors advise eating less processed food.
vegan	a person who eats no food from animals	More and more people are becoming vegans.
organic	grown without artificial chemicals	We only buy organic vegetables.

Grammar focus (10 min): Countable and uncountable: some and any

Ravi and Lea plan a picnic. Lea looks in the kitchen: “We have some bread and some apples. But there isn’t any cheese, and we don’t have any juice. Is there any water?” By the end of this lesson you can talk about food and quantities with some and any.

Form	Pattern	Example
Countable	a / an + singular · plural with -s	an apple · some apples
Uncountable	no a / an · no plural	some bread · a loaf of bread
Some	affirmative · offers · requests	Would you like some tea?
Any	negatives · real questions	Is there any milk? · There isn’t any.

Watch for: ~~Can I have a water?~~ → **Can I have some water? / Can I have a glass of water?**. Water is uncountable.

Speaking (15 min): Explain a recipe without naming the dish

The learner describes how to make a dish step by step without saying its name; you guess. Then swap. Give feedback on sequencing words (first, then, after that, once it’s ready).

Useful language

- I can’t stand… / I’m not keen on…
- It tastes like… / It smells…
- to fry · to boil · to bake · to chop
- It’s made with… / It’s served with…
- sweet · salty · spicy · bitter · sour
- I’m full. / I’m starving.

Wrap-up and homework (5 min)

- Each learner says the three new words they will remember, and one sentence with each.
- Homework: write 80–120 words about food and drink using at least six words from the lesson and the grammar point.
- Self-study: the B2 food and drink vocabulary page on englishcue.app has a self-correcting quiz with all 22 words.

Food and drink (B2)

Student handout · Name: _____ · Date: _____

A. Word bank

indulge · roasted · Season · wholesome · food waste · nutritious · simmer · Garnish

B. Complete the sentences

Use a word from the word bank. Then compare with a partner.

1. I _____ in a pastry every Sunday.
2. They serve simple, _____ food.
3. _____ the meat before you cook it.
4. Supermarkets are trying to cut _____.
5. Let the soup _____ for an hour.
6. Lentils are cheap and _____.
7. _____ with fresh parsley.
8. We _____ a chicken for Sunday lunch.

C. Talk with a partner

Ask and answer. Make notes of one interesting answer to report to the class.

1. Do you follow recipes or cook without them?
2. How have your eating habits changed since you were a child?
3. What would you cook for a guest from another country?
4. Is it better to eat at home or to eat out? Give two reasons.
5. What food do you miss when you are away from home?

Write

Write 80–120 words about food and drink. Use six words from the lesson.

Answer key

B. Complete the sentences: 1 indulge · 2 wholesome · 3 Season · 4 food waste · 5 simmer · 6 nutritious · 7 Garnish · 8 roasted