Present Simple vs Present Continuous Worksheet

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NAME

DATE

Remember

Form	Example
Present simple: habits, routines, facts	I work from home on Fridays.
Present continuous: now, around now, temporary	I'm working from a café this week.
Signals: always, usually, every day / now, at the moment, this week	She usually drives, but today she's walking.
State verbs (know, like, want, need, believe) → simple	I know the answer. (not I'm knowing)

Typical mistakes

× Learners often say	✓ Say instead
I am knowing the answer.	I know the answer.
She is going to work by bus every day.	She goes to work by bus every day.
Look! It rains.	Look! It's raining.

1. Complete

Present simple or present continuous? Complete the sentences.

1. She usually _____ (take) the bus, but today she _____ (walk).
2. Water _____ (boil) at 100 °C.
3. I can't talk now. I _____ (drive).
4. I _____ (not / understand) this word.
5. They _____ (stay) with friends this week.
6. How often _____ you _____ (go) to the cinema?
7. Listen! Someone _____ (knock) at the door.
8. He _____ (want) a new phone.
9. We _____ (have) dinner at seven every evening.
10. Why _____ you _____ (wear) a jacket? It's hot!

2. Choose

Circle the correct option.

1. I (cook / am cooking) dinner every night.
2. Shh! The film (starts / is starting).
3. She (knows / is knowing) my brother.
4. Prices (go / are going) up this year.
5. He never (drinks / is drinking) coffee.
6. What (do you do / are you doing)? I'm a nurse.
7. I (need / am needing) some help.
8. Look, they (dance / are dancing)!

3. Correct the mistakes

Correct the mistake in each sentence.

1. I am liking this song.
2. She is go to work by car every day.
3. Look! The bus comes.
4. Do you working today?
5. He is believing you.
6. We are usually eat at home.

Writing

Write a short paragraph (6–7 sentences) comparing your normal week with this week. What do you usually do, and what are you doing differently now?

Speaking

- What do you usually do after work, and what are you doing differently this month?
- What are you learning or working on at the moment?
- What does a normal weekday look like for you?
- Is anything changing in your city or your job these days?

Answer key

1. Complete: 1 takes … is walking · 2 boils · 3 am driving · 4 don't understand · 5 are staying · 6 do … go · 7 is knocking · 8 wants · 9 have · 10 are … wearing

2. Choose: 1 cook · 2 is starting · 3 knows · 4 are going · 5 drinks · 6 do you do · 7 need · 8 are dancing

3. Correct the mistakes: 1 I like this song. · 2 She goes to work by car every day. · 3 Look! The bus is coming. · 4 Are you working today? · 5 He believes you. · 6 We usually eat at home.

Writing, model answer: I usually work in the office from Monday to Friday, but this week I'm working from home because the office is closed. Normally I take the train at eight; now I'm starting at nine. I usually have lunch with colleagues, but this week I'm cooking for myself. I don't like working alone very much, but I'm enjoying the extra sleep.